



Programme

The *Settle in Estonia* programme is a free educational programme provided by the Estonian state. It aims to assist foreigners who have recently arrived in Estonia in adapting to local life and integrating into the Estonian society more quickly.

The programme offers a variety of modules to choose from depending on the participants' legal status in Estonia, ensuring that participants can select topics that are both relevant and practical.

90%

of participants of the programme confirmed that their proficiency in the Estonian language, practical knowledge as well as understanding of the Estonian state, society and culture improved.



More information



Modules, schedule and registration:
www.settleinestonia.ee



News and announcements:
www.facebook.com/settleinestonia



Answers to any further questions:
info@settleinestonia.ee

Settle in Estonia

Your guide to settling
in Estonia



REPUBLIC OF ESTONIA
MINISTRY OF CULTURE




REPUBLIC OF ESTONIA
MINISTRY OF THE INTERIOR

The adaptation programme is co-funded by the European Union and the Republic of Estonia.





Modules

 **For individuals who have been granted a temporary residence permit or European Union citizen right of residence in Estonia, the following modules are available:**

Language training module

Estonian language courses at levels A1 (100 academic hours), A2 (150 academic hours) or B1 (250 academic hours)

Basic module

Essential information about the Estonian state and society (up to 8 academic hours)

Work module

Information about employment and finding work in Estonia (up to 8 academic hours)

Entrepreneurship module

Information about entrepreneurship opportunities and starting a business in Estonia (up to 8 academic hours)

Education module

Information about studying in Estonia and post-study opportunities (up to 8 academic hours)

Family module

Information on family and parental benefits, family and children-related topics (up to 8 academic hours)

Research module

Information for researchers and those interested in science-related topics (up to 8 academic hours)

All modules are taught online or in person in Tallinn, Tartu and Narva. Estonian language training is based on language immersion method (only Estonian language is used), other modules are taught in English or Russian languages.

Modules

 **For individuals who have been granted temporary protection in Estonia, the following modules are mandatory:**

Temporary protection module

Essential information about the Estonian state and society (up to 8 academic hours)

Courses are taught in Ukrainian or Russian languages.

Temporary protection language training module

Estonian language courses at levels A1 (100 academic hours), A2 (150 academic hours) or B1 (250 academic hours)

The programme modules are taught online and in person in various cities around Estonia.

 **For individuals who have been granted international protection in Estonia, the following modules are mandatory:**

International protection module

Essential information about the Estonian state and society (up to 8 or 32 academic hours)

Courses are taught in Ukrainian, English, Russian, Turkish, Arabic or, if necessary, other languages.




International protection language training module

Estonian language courses at levels A1 (100 academic hours), A2 (150 academic hours) or B1 (250 academic hours)





The programme modules are taught online and in person in bigger cities around Estonia.

Eligibility

The programme is designed for foreigners who have come to Estonia to study, work, as a family member or for other reasons and who have been legally living here for less than 5 years. Legal status required to participate in the programme:

-  Foreign nationals who have been granted a temporary residence permit in Estonia;
-  European Union citizens who have been granted a temporary right of residence in Estonia;
-  Family members of European Union citizens who have been granted a temporary right of residence in Estonia.

Some good reasons to participate in the programme:

-  **Faster adaptation:** By gaining proficiency in the Estonian language, practical knowledge, and understanding of Estonian society and culture, participants can adapt to Estonian way of life more quickly.
-  **Important questions answered:** Participants can find answers to important questions about life in Estonia.
-  **Social connections:** The programme offers opportunities to make new acquaintances and build social connections.
-  **Free of charge:** Participation in the programme is completely free.